

Pure PaleoComplete

BONE BROTH PROTEIN

NATURAL CHOCOLATE FLAVOUR | 510 G POWDER | NPN80074292 | PPMCHC-CN

NATURAL VANILLA FLAVOUR | 480 G POWDER | NPN80074292 | PPMVAN-CN



FOUNDATIONAL HEALTH



Pure PaleoComplete is a nutrient-dense protein powder with complete protein, a very low glycemic impact, and nutrients that are predominantly in their bioidentical forms. Pure PaleoComplete is available in delicious chocolate and vanilla flavours and features HydroBEEF™, a highly concentrated beef protein produced through an exclusive hydrolysis and ultra-filtration process that enables the protein to be hydrolyzed or “split” into a high concentration of functional peptides. Delivering protein in the form of peptides allows for faster absorption and assimilation.

HydroBEEF™ protein is a highly concentrated beef protein sourced from animals raised in Sweden without hormones that are fed a diet free of GMO grains, grasses, hay, and ensilage. Beef protein is a complete protein containing all the essential amino acids, including good concentrations of leucine, lysine, methionine, and the collagen precursors, proline and glycine. Adequate protein consumption provides the amino acids (including the essential amino

acids) required for protein synthesis in the body. Protein serves as the main structural component of muscles, bones, hair, skin, nails, tendons, ligaments, and blood vessels, and it plays a direct role in building hormones, neurotransmitters, and enzymes. Protein supplementation may support healthy body composition and exercise performance.

Pure PaleoComplete also contains medium-chain triglycerides (MCTs), glucomannan (a water-soluble fiber), and essential vitamins and minerals in highly bioavailable and bioactive forms. The MCTs in this product are sourced from coconut and palm oils, which are more easily absorbed and metabolized than long-chain fatty acids. These MCTs support sustained satiety and may help support healthy body composition. Glucomannan has been shown to promote normal blood glucose and lipid metabolism with additional evidence showing that it may support healthy body composition, a normal microbiome, digestive system, and immune health.

Benefits

- Promotes healthy body composition
- Supports healthy blood sugar metabolism
- Helps sustain satiety
- Supports healthy weight management
- Broad nutritional support

Recommended Dose

Adults: Mix approx. 1 scoop (Chocolate 34 g / Vanilla 32 g) well in 8 oz of water or any other beverage immediately before consumption once per day, or as directed by a health care practitioner. Take a few hours before or after taking other medications or natural health products.

Highlights

- Provides optimal intake of protein, fats, carbohydrates, vitamins, and minerals
- Protein nitrogen score of 101.5, indicating high protein usability
- 3 to 4 grams of net carbs per serving
- Nutrients in highly bioavailable and bioactive forms
- Grain-free, dairy-free, and soy-free protein source
- Stevia sweetened and free of sucrose, fructose, and artificial sweeteners.

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