

## Plant Enzyme Digestive Formula

VEGETARIAN DIGESTIVE AID 90 VEGETARIAN CAPSULES | NPN80108649 | PEF090-CN







Designs for Health's Plant Enzyme Digestive Formula utilizes a PhytoENZ™ blend of broad-spectrum enzymes to support the digestion of proteins, fats, and carbohydrates. Many factors in the modern diet and lifestyle can interfere with efficient digestion, including psychological stress, food sensitivities, eating on the run, aging, and several other health concerns. As a result, even if a person eats a healthy diet, they may not receive the full level of nutritional benefits they expect from their food.

Weakened digestion can negatively affect numerous areas of the body, including the immune system, energy production, balanced mood, reproductive health, musculoskeletal health, and more. Digestive enzymes

may enhance the proper digestion and absorption of food and essential nutrients, such as vitamins, minerals, carbohydrates, fats, and proteins, to support overall health.

The Plant Enzyme Digestive Formula contains bioavailable, broad-spectrum, microbial-based digestive enzymes that may help with occasional heartburn, gas, upset stomach, and bloating associated with improper digestion. It does not contain animal products and is suitable for vegetarians and vegans. It may be especially helpful for the digestion of plant foods, such as grains, beans, and dairy products that commonly induce digestive upset. Furthermore, by supporting proper digestion, these digestive enzymes may also support a healthy immune system and inflammatory response.

## **Benefits**

- Supports proper digestion and absorption of food and nutrients
- Promotes gastrointestinal health
- Provides support for a healthy inflammatory response

## **Recommended Dose**

Adults: Take 1 capsule per day. Swallow whole. Do not crush or chew. Take with or immediately before food. Consult a health care practitioner for prolonged use. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.

## **Highlights**

- Utilizes a PhytoENZ<sup>™</sup> blend of broad-spectrum enzymes
- Contains bioavailable, broad-spectrum, microbial-derived digestive enzymes
- Designed to promote digestion and nutrient absorption of carbohydrates, proteins, and fats, and may be particularly helpful for vegetarians and vegans
- May help the occasional heartburn, gas, upset stomach, and bloating associated with improper digestion
- Does not contain animal products
- Non-GMO

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