



METABOLIC SYNERGY™

A MULTI-VITAMIN AND MINERAL FORMULA TO HELP MAINTAIN THE BODY'S ABILITY TO METABOLIZE NUTRIENTS
180 CAPSULES | NPN80051748 | MSC180-CN

Metabolic Synergy™ is a comprehensive multivitamin and mineral formula designed to support healthy carbohydrate metabolism and protect the body from oxidative damage. This formula includes helpful compounds rarely found in other multivitamins—such as green tea extract, taurine, inositol, carnosine, and benfotiamine. The main minerals in Metabolic Synergy™ are in chelated form, which increases their bioavailability and contributes to sustained levels of these nutrients in the body.

WHY CHOOSE THIS FORMULA?

The combination of overly stressful lives and modern diets high in refined carbohydrates is extremely taxing on the body. The main organs that help control healthy blood sugar levels—the pancreas and liver—take an especially damaging hit. When we consume too many carbohydrates over a long period of time, we can lose the ability to maintain healthy blood glucose levels. Sustained elevated blood glucose can lead to suboptimal glucose metabolism, which has a damaging effect on the human body.

A dedicated program of lifestyle changes and a diet of whole, unprocessed foods that are low in carbohydrates are crucial factors for maintaining overall health. Supplementing with key nutrients that aid in the conversion of carbohydrates to energy can lend additional support for optimal wellness.

HIGHLIGHTS

- **B vitamins** – Required for energy production at the cellular level; the B vitamins in this formula occur in their active and most potent forms: B12 as methylcobalamin, B6 as pyridoxal-5-phosphate, and a naturally occurring folate (as opposed to synthetic folic acid)
- **Chromium, vanadium, & biotin** – Aid in carbohydrate metabolism
- **Carnosine, benfotiamine, & lipoic acid** – Unique compounds shown to have antioxidant properties
- **Magnesium** – Balances calcium intake and helps to maintain proper muscle function, including the heart muscle
- **Selenium & iodine** – Minerals essential for the production of thyroid hormones, with thyroid function being responsible for influencing the body's metabolism
- **Taurine** – Antioxidant and liver support; needed for the production of bile salts, which are components of bile – the fluid secreted from the gallbladder needed for the digestion of fats
- **Molybdenum** – Found in the liver and kidneys; plays a role in the detoxification process
- **Vitamin A & zinc** – Support immune function and eye health

Recommended Dose: Adults: Take 3 capsules per day or as directed by your health care practitioner. For adult use only. Take a few hours before or after taking other medications with food.

Consult with your healthcare practitioner about your specific circumstances and any questions you may have.