

Liposomal Vitamin C

AN ANTIOXIDANT FOR THE MAINTENANCE OF GOOD HEALTH
120 ML LIQUID | NPN80085591 | LPOVTC-CN



FOUNDATIONAL HEALTH



Designs for Health's Liposomal Vitamin C provides this essential nutrient in a convenient liquid formula utilizing an innovative liposomal delivery. Liposomes are small spheres made up of phospholipids, which are the primary building blocks of the outer walls of your cells. This allows liposomes to bond easily with cell membranes and deliver their cargo, in this case vitamin C, for easier absorption by the cells in your body.

Vitamin C plays many important roles in your body and is essential for maintaining optimal health. One of its key functions as an antioxidant is to lower the harmful effects of free radicals, which are unstable compounds that can damage your cells and may contribute to aging and chronic disease. Vitamin C may also support immune and brain health and promote the synthesis of collagen, neurotransmitters, and various hormones.

Benefits

- Supports antioxidant status
- Supports neurotransmitter and hormone function
- Supports healthy immune response
- Promotes collagen synthesis

Recommended Dose

Adults: Take 5 ml (approx. 1 teaspoon) and hold in mouth for 30 seconds before swallowing once daily, or as directed by your health care practitioner. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.

Highlights

- **Vitamin C** — Powerful antioxidant, promotes optimal immune and brain health, and supports collagen, neurotransmitters, and hormone synthesis
- **Sodium ascorbate** — A gentle, well-tolerated source of vitamin C (also known as ascorbic acid)
- **Phospholipids** — Derived from sunflower lecithin, provide liposomal technology to promote absorption and bioavailability
- **Natural Citrus Oil** — For a pleasant lemon flavour

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.
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