

# Liposomal GABA

HIGHLY BIOAVAILABLE GABA AND L-THEANINE  
50 ML LIQUID | NPN80081050 | LPONEU-CN



NEUROLOGICAL HEALTH



Liposomal GABA is a unique blend of gamma-aminobutyric acid (GABA) and L-theanine to support mental calm and a healthy response to stress without impairing focus and attention. GABA helps promote normal nerve cell activity, and aids in supporting mild or occasional stress and feelings of anxiousness. L-theanine is an amino acid primarily found in tea (especially green tea) and various fungi. L-theanine is known for its ability to help promote a sense of calm and relaxation without inducing drowsiness. Each 4-pump serving provides 250 mg of GABA and 100 mg of L-theanine for overall mood and stress support.

This product is formulated using liposomal technology, which helps facilitate the delivery of nutrients inside cells to targeted tissues, enhancing bioavailability and nutrient absorption. Liposomes are spheres made of phospholipids – the same primary building blocks of every cell membrane in the body. Owing to this structure, liposomes bond easily with the outer cell membranes to deliver their nutrient cargo (in this case, GABA and L-theanine). Liposomes are extremely tiny particles that allow for rapid absorption, starting in the mouth, which then circulate longer throughout the body to support nutrient delivery.

## Benefits

- Promotes mental and emotional calm
- Helps support a healthy stress response
- May help support occasional feelings of anxiousness
- Encourages feelings of relaxation
- Helps promote restful sleep
- May promote focus, attention, and concentration

## Recommended Dose

Adults: Take 4 pumps by mouth one to two times daily, or as directed by a healthcare professional. Hold 30 seconds before swallowing. Take on an empty stomach, at least 10 minutes before meals. Consult a health care practitioner for use beyond 4 weeks. Use within 60 days of opening.

## Highlights

- 250 mg of gamma-aminobutyric acid (GABA) and 100 mg of L-theanine per serving
- Convenient liquid delivery for serving size flexibility
- Designed with liposomal technology for rapid uptake, superior bioavailability, and efficient nutrient absorption
- Gluten-free, dairy-free, and soy-free
- Non-GMO

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.  
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