

HistaGest-DAO™

Helps to reduce histamine intolerance symptoms
60 Delayed Release Tablets | NPN80143472 | HGD060-CN

HistaGest-DAO™ provides supplemental diamine oxidase (DAO), the enzyme responsible for breaking down food-derived histamine, to help support normal and healthy histamine metabolism. Each tablet provides 20,000 histamine-degrading units of DAO from porcine kidney extract to promote the breakdown of dietary histamines. HistaGest-DAO™ is formulated with gastro-resistant, coated tablets with delayed-release technology that allows the DAO enzyme to reach the small intestine where it performs its action. Histamine is a vital compound synthesized from the essential amino acid histidine. Histamine is produced in the body and resides in various tissues, including the liver, lungs, intestine, heart, pancreas, and various other organs. Histamine is primarily stored and released by certain immune cells, but also by a variety of other cells, in response to an injury or in the presence of foreign substances. It is also present in all foods in the diet in various degrees. DAO is present in the gut and its main function is to metabolize ingested dietary histamines.



JUST THE FACTS:

- Promotes normal histamine metabolism
- Promotes the breakdown of food-derived histamines
- Enhances DAO activity in the gastrointestinal (GI) tract
- May support individuals who are intolerant to histamine-rich foods
- Provides 20,000 histamine-degrading units of DAO from 4.2 mg of porcine kidney extract per 1-tablet serving
- Gastro-resistant, coated tablets with controlled-release allowing the DAO enzyme to reach the small intestine to perform its action
- Small tablet delivery in a convenient travel dispenser for portability and ease of use when on-the-go
- Does not contain glucose, lactose, histamine, or sugars

RECOMMENDED DOSE:

Adults 18 years and older: Take 1 tablet 15 minutes before the consumption of histamine-rich foods two times daily or as directed by your health care practitioner. Do not crush or chew. Consult a health care practitioner for use beyond 1 month. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.