

HistaEze™

Used in Herbal Medicine to help relieve seasonal allergy symptoms, pain, swelling, and inflammation
120 Vegetarian Capsules | NPN80141335 | HIS120-CN

Prepare your body's defenses to common environmental triggers with HistaEze™. HistaEze™ features powerful herbs, nutrients, and plant compounds to support balanced and healthy immune responses during times of need. When exposed to common environmental triggers, your body's immune system is activated to readily defend against foreign invaders.

One compound commonly released by your immune system, called histamine, can result in occasional undesirable complaints, such as itchy eyes and nose, or a runny or stuffy nose. HistaEze™ is specifically designed to support a healthy histamine response, allowing you to better enjoy yourself indoors and outdoors.



JUST THE FACTS:

- **Vitamin C:** A powerful antioxidant that supports normal histamine response and balanced immune responses.
- **Nettle Extract (*Urtica dioica*):** Also known as “stinging nettle.” Traditionally used to support respiratory health and rich in immunesupportive nutrients. May help support a normal inflammatory response and promote immune balance.
- **Quercetin:** A plant compound found in onions, apples, dark berries, broccoli, and many culinary herbs. May help support antioxidant status and normal histamine metabolism.
- **Bromelain (*Ananas comosus*):** Sourced from pineapple, bromelain promotes normal mucus clearance and may help to lower occasional complaints upon exposure to common environmental triggers.
- **Luteolin (*Styphnolobium japonicum*):** A compound found in a variety of fruits, vegetables, herbs, and teas that promotes antioxidant status and supports healthy inflammatory responses, helping to maintain overall immune function.

RECOMMENDED DOSE:

Adults 19 years and older: For occasional use only. Take 2 capsules 2 times per day with food or as directed by a healthcare practitioner. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.