



Foresterol™

PLANT STEROL/STANOL BLEND
90 SOFTGELS | NPN80078272 | FOR090-CN



CARDIOVASCULAR HEALTH



Foresterol™ contains a phytosterol mixture of plant sterols and stanols shown to support normal cholesterol metabolism. This mixture is from the non GMO oil of the coniferous pine tree and mainly consists of four major phytosterols: beta sitosterol, campesterol (in the free sterol form, not as sterol esters), campestanol, and sitostanol.

Healthy cholesterol metabolism supports cardiovascular health. Cholesterol is an important fat like substance in the body that is involved in the synthesis of hormones, cell membranes, and vitamin D. The body synthesizes the required cholesterol, but it is also found in the food derived from animal sources.

Dietary cholesterol may increase levels of cholesterol, both “good” and “bad,” or high density lipoprotein (HDL) and low density lipoprotein (LDL), which may impact heart health. Plant sterols and stanols, known collectively as phytosterols, have a similar structure to cholesterol. As such, phytosterols may help support normal absorption and synthesis of cholesterol in the body. This may support normal cholesterol metabolism and promote cardiovascular health. Plant sterols and stanols may also support healthy lipid metabolism.

Benefits

- Promotes healthy lipid metabolism
- Supports normal cholesterol metabolism

Recommended Dose

Adults: Take 3 softgels per day, 1 with each meal, or as directed by your health care practitioner.

Highlights

- 600 mg of plant sterols/stanols from coniferous trees to support healthy lipid metabolism
- Non-GMO

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.
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877.414.9388 • DESIGNSFORHEALTH.CA • CANADAORDERS@DESIGNSFORHEALTH.COM