

Ferrochel® Iron Chelate

CHELATED FERROUS IRON
120 VEGETARIAN CAPSULES | NPN80045656 | FEC120-CN



FOUNDATIONAL HEALTH



Ferrochel® is an iron supplement in the form of ferrous bisglycinate chelate, a form that has enhanced absorption and bioavailability. It has a demonstrated reduced risk of constipation or gastric upset compared with other forms of iron supplementation.

Iron is essential for many body processes, including oxygen transport, cellular energy metabolism, DNA synthesis, immune function, thyroid function, and enzymatic reactions. Maintaining adequate iron levels

supports overall health, and both high levels and low levels may be potentially detrimental. Iron deficiency is the most common micronutrient deficiency globally. Factors that may be associated with iron deficiency or that may increase its risk include vegetarian and vegan diets, eating disorders, malnutrition, chronic inflammation, malabsorption, liver disease, gastrointestinal bleeding, inflammatory bowel disease, pregnancy, and heavy menstrual bleeding.

Benefits

- Supports iron status
- Effective and well-tolerated form of iron

Recommended Dose

Adults: Take 1 capsule per day with food, a few hours before or after taking other medications, or as directed by your health care practitioner.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6 years of age. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Highlights

- 27 mg of iron as Ferrochel® ferrous bisglycinate chelate for superior absorption and bioavailability
- Albion® minerals chelated iron to reduce the chance of gastrointestinal side effects

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.
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