

# DGL Synergy™

HELPS RELIEVE INFLAMMATORY CONDITIONS OF THE GASTROINTESTINAL TRACT  
90 CHEWABLE TABLETS | NPN80057886 | DGL090-CN



DGL Synergy™ is a fast-acting, chewable formula of deglycyrrhizinated licorice (DGL) that offers support for healthy digestion and normal stomach acids. It contains a standardized high-quality form of DGL, the amino acid glycine, and calcium in the form of calcium glycerophosphate. DGL Synergy™ has a pleasant licorice flavour, is fructose free, and has zero grams of sugar. It is sweetened with xylitol, mannitol, and the luo han guo plant extract. Licorice has been well-studied for its ability to support the lining of the gastrointestinal (GI) tract. It helps to support the body's natural inflammatory response to various foods or medications and, therefore, maintains the protective barrier of the GI tract.

Licorice is called a mucilaginous herb, which means it helps produce a soothing coat on the throat, stomach, and intestines. This can help calm the throat from any irritating effects of occasional stomach acid and

promotes the health of the entire GI tract. It also supports the body's mucus-producing cells. In addition, DGL helps to maintain a healthy bacterial environment in the stomach. Deglycyrrhizinated licorice does not contain the naturally occurring compound, glycyrrhizin. In some individuals, glycyrrhizin has been associated with negative side effects on blood pressure. These negative side effects are eliminated when the glycyrrhizin is removed.

DGL Synergy™ also contains glycine and calcium to further support healthy digestion. Glycine is an amino acid required for the production of bile that helps to digest dietary fats. It is also a precursor to the antioxidant glutathione, which helps support a healthy GI tract and aids healthy digestion. Calcium (as calcium glycerophosphate) aids in promoting a healthy balance of acid throughout the GI tract.

## Benefits

- Supports healthy digestion
- Supports normal stomach acid levels
- Supports synthesis of the antioxidant glutathione in the body
- Supports a healthy inflammatory response

## Recommended Dose

Adults: Take 1 tablet 3 times per day. Chew between meals or 20 minutes before meals. Take a few hours before or after taking other medications. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.

## Highlights

- 750 mg of DGL per 3 tablets to support a healthy intestinal tract
- The licorice in this formula is deglycyrrhized to avoid the hypertensive and other potentially negative side effects of unprocessed licorice
- 300 mg of glycine per 3 tablets to support bile acid synthesis, fat digestion, and glutathione synthesis
- 150 mg of calcium per 3 tablets from calcium glycerophosphate to support normal gastric acid secretion

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.  
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