

# Brain Vitale™

Helps enhance cognitive function and memory  
60 Vegetarian Capsules | NPN80143054 | BVCN60-CN

Brain Vitale™ is designed to help promote brain function and support healthy memory and mood. It provides support to address the brain's unique set of needs during the aging process. Brain Vitale™ is formulated to assist with various aspects of brain health, such as cellular energy production, mitochondrial support, and antioxidant status. Research suggests that diet and lifestyle may support brain health in middle age and beyond. Brain Vitale™ contains acetyl-L-carnitine (ALC), which provides support for mitochondrial function. ALC can pass through the blood-brain barrier and may support a healthy inflammatory response. Citicoline helps support the body's natural regeneration and repair of the cell membranes of neurons. Coffee fruit extract from the whole coffee cherry contains polyphenols and other constituents that support neuronal health. Phosphatidylserine and glycerylphosphorylcholine have demonstrated neuroprotective properties and support cognitive function. Ginkgo helps support memory function, concentration, and other aspects of overall brain health.



## JUST THE FACTS:

- Supports brain health
- Supports cognitive function
- Helps to support a healthy stress response
- Synergistic combination of an array of brain-supportive nutrients
- Provides 424 mg of acetyl-L-carnitine and 250 mg of citicoline per serving
- Concentrated extract from the whole coffee cherry contains brain-supportive compounds not found in coffee beans alone
- Gluten-free and dairy-free
- Suitable for vegetarians

## RECOMMENDED DOSE:

Adults 18 years and older: Take 2 capsules per day with meals, or as directed by your health care practitioner. For use beyond 8 months, consult a health care practitioner. Refer to the product label for dosing instructions, age-appropriateness, and relative risk statements. Healthcare practitioners are encouraged to use clinical judgement with case-specific dosing based on intended goals, subject body weight, medical history, and concomitant medication and supplement usage.